



MARIAN COLLEGE KUTTIKANAM
(AUTONOMOUS)

CRITERIA 5:

**5.1.3 Capacity Development and Skill Enhancement
Activities Soft Skills**

Submitted to

THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)
FOURTH CYCLE OF ASSESSMENT

Activity Report- Soft Skill Trainings

2016-17

Activity#1:

Title of the Programme	: Stress & Time Management.
Name and address of Resource Person	: Mr. Brijesh George John International Trainer
Period of activity (Date)	: 14 th Jan 2017 & 26 th Jan 2017
No of Participants	: 30
Name of Department	: Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a "Guide and Friend".

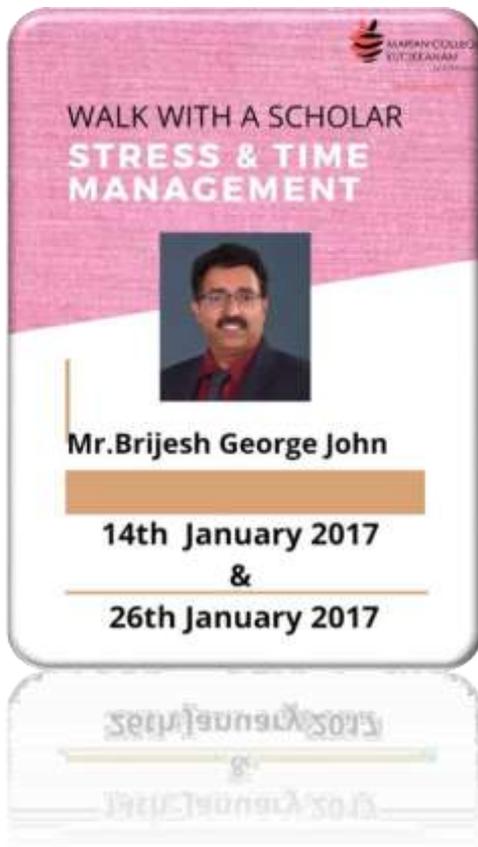
As part of the external mentoring, various sessions were given to first year WWSscholars on following topics. Mr. Brijesh George John took sessions on the topics Personal Effectiveness, Stress Management, Vision Building and Goal Setting and Time Management.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.



Brochure & Photos



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-1.pdf>



Activity # 2:

Title of the Programme : Team Building & Effective Communication.

Name and address of Resource Person: Mr. Krishnaraj S
Public Relation Officer,
IPSR Solution Ltd, Kottayam

Period of activity (Date) : 14th January 2017

No of Participants : 30

Name of Department : Walk with a Scholar

One paragraph Report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”.

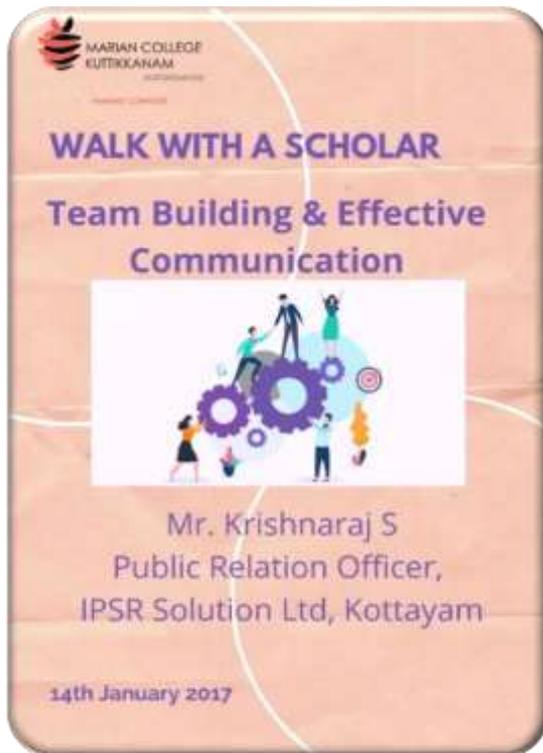
As part of the external mentoring, various sessions were given to first year WWSscholars on following topics. Mr. Krishnaraj S took session on the topics Team Building & Effective Communication. Students were divided into various groups and organised activities to build up their team play. Students got the chance of expressing their views and thoughts on different sensational topics which gave them the confidence to face a public audience.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.

Brochure & Photo





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-2.pdf>



Activity # 3:

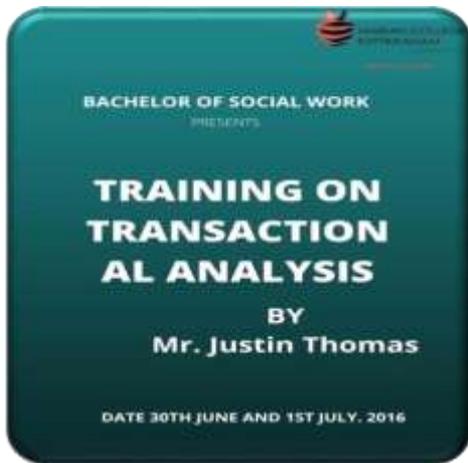
Title of the Programme : Training on Transactional analysis
Name and address of Resource Person : Mr. Justin Thomas
Period of activity (Date) : 30th June and 1st July. 2016
No of Participants : 30
Associating organization : Magis (Center for Training & Development)
Name of Department : Walk with a Scholar

One paragraph report of the program:

Mr Justin Thomas conducted a training session for the third year students of the department on 30th June and 1st July.

Sir taught about various concepts and it helps the students to improve the leadership quality, positive thinking etc

Different activities were played in this section and these activities helped us to trust others, leading others, to overcoming the barriers, giving reverences, listen to others etc.



List of Participants:

https://www.mariancollege.org/iqac/files/criterion/5.1.3/LOP_Training_on_Transactional_Analysis.pdf



Activity # 4:

Title of the Programme : Leadership Skills and Qualities.

Name and address of Resource Person : Prof Tommy Cherian Vadakkekunnel
ASSOCIATE PROFESSOR
ST. THOMAS COLLEGE, PALA

Period of activity (Date) : 14th February 2017

No of Participants : 27

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”.

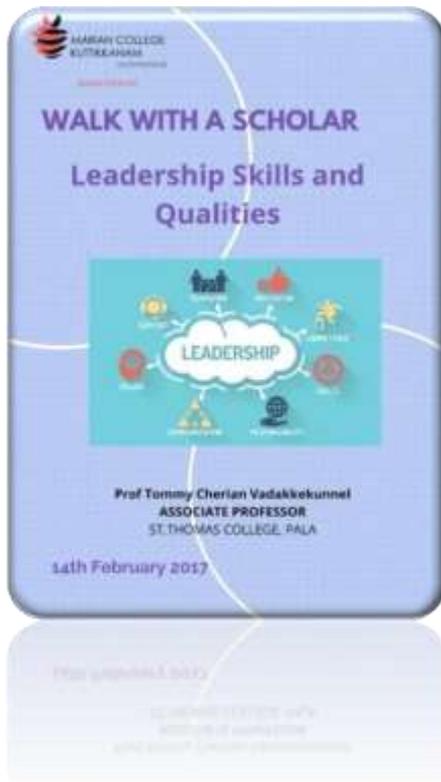
As part of the external mentoring, various sessions were given to first year WWS scholars on following topics. Prof Tommy Cherian Vadakkekunnel took session on the topics ‘Leadership Skills and Qualities’. Sir explained the various qualities a good leader should hold like Decisiveness, Integrity, Relationship building, Problem-solving, Dependability and Ability to teach and mentor.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.

Brochure & Photo





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-3.pdf>



Activity #5:

Title of the Programme : Public Speaking and Presentation skills.

Name of Resource Person : SIJU THOMAS ALENCHERRY
International Trainer

Period of activity (Date) : 26th January 2017 & 4th February 2017No of

Participants : 26

Name of Department : Walk with a Scholar

Oneparagraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study aswell as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”.

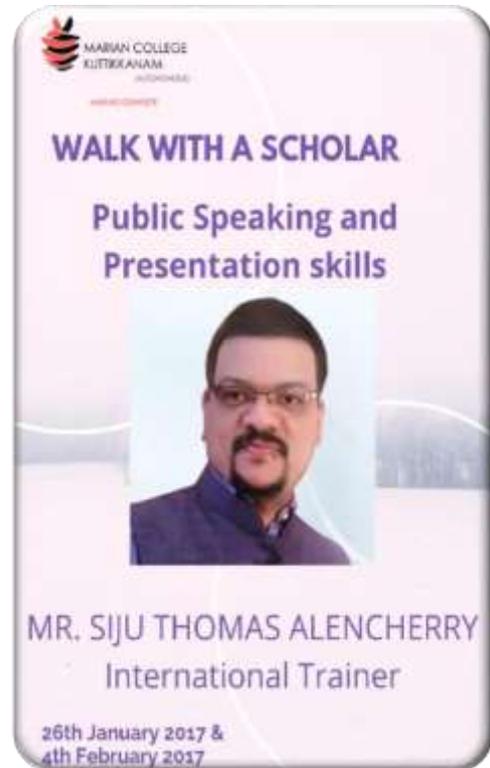
As part of the external mentoring, various session was given to first year WWS scholars on following topics. Mr. Siju Thomas took session on the topics Public Speaking and Presentation skills. The session gave students the tips to overcometheir fear and lack of confidence on public speaking.

Expected outcome:

Students to get confidence in Public speaking.



Brochure & Photos



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-4.pdf>



Activity #6 :

Title of the Programme : Theme- Centred Interaction.

Name and address of Resource Person : Mr. Thomas Abraham
H R Consultant and Trainer

Period of activity (Date) : 26th January 2017 & 28th January 2017

No of Participants :30

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”.

As part of the external mentoring, various session were given to first year WWSscholars on following topics. Mr. Thomas Abraham took a session on TCI.

Theme-centered interaction (TCI) is a concept and a method for working in groups. The concept of TCI develops on the basis of three axioms which describecertain problems in dialectical form.

Autonomy

“The human being is a psycho-biological entity. He/she is also part of the universe,and therefore at once autonomous and interdependent. The person's autonomyincreases to the extent that she/he becomes conscious of being interdependent (being part of the universe)”.

Appreciation

“Respect is due to all living entities and to their growth. Respecting growth requires decisions based on values. The humane is valuable, the inhumane is threatening”.

Expanding one's limits

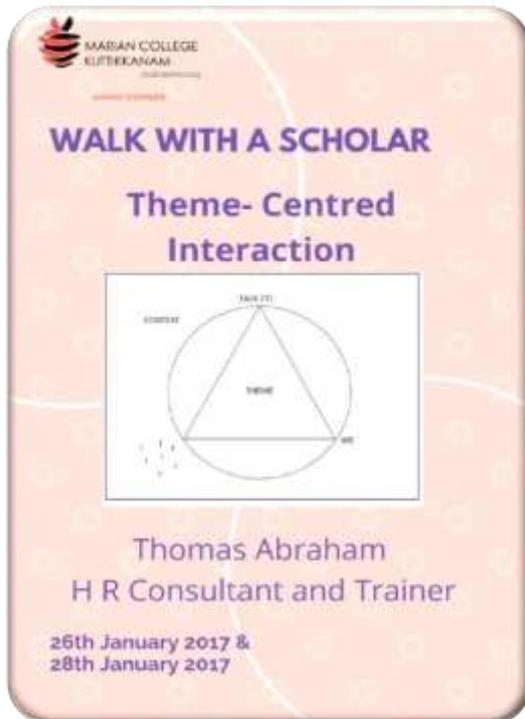
“A free decision happens within conditioning internal and external limits. It is possible to expand these limits”..



Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.

Brochure & Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-5.pdf>



Activity #7 :

Title of the Programme : Two Days Personality Development Camp.

Name and address of Resource Person: George Karnackal

Jinu S

Tomy Cherian

Period of activity (Date) : 24th and 25th February 2017

No of Participants : 30

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”.

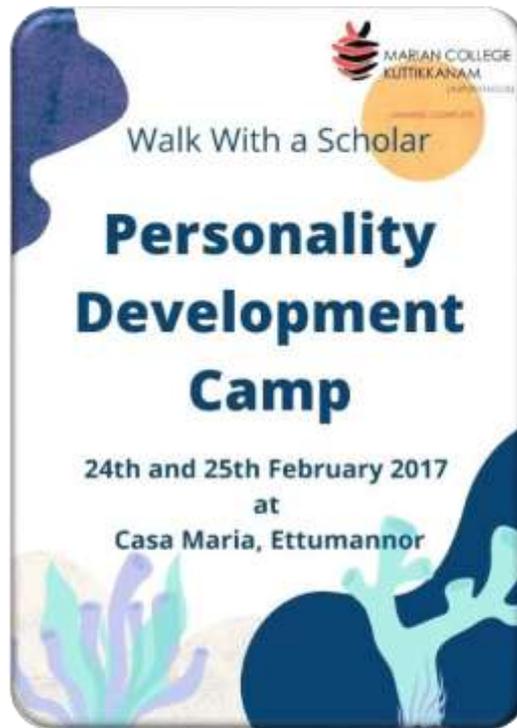
Two day residential program was organized for 2nd year on 24th and 25th February 2017 at Casa Maria, Ettumannor. The main topics covered during these sections are Decide and define your success, smile and health, self esteem, self evaluation, public speaking, leadership, strength analysis, passion and development, big dream vs comfort zone etc. The external training session was conducted by resource persons like George Karnackal, Jinu S, Tomy Cherian etc. Mr. Santo Cherian, the WWS Coordinator of Marian College Kuttikkanam (Autonomous) coordinated the camp.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.

Brochure & Photos





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-6.pdf>



Activity #8:

Title of the Programme : Theatre Workshop.

Name and address of Resource Person: Mr. Sijo Thomas

St Joseph College of Communication,
Changanaserry.

Period of activity (Date) : 10-12 August 2016

No of Participants : 32

Associating organization : Magis (Center for Training & Development)Name of

Department : School of Social Work

One paragraph report of the program:

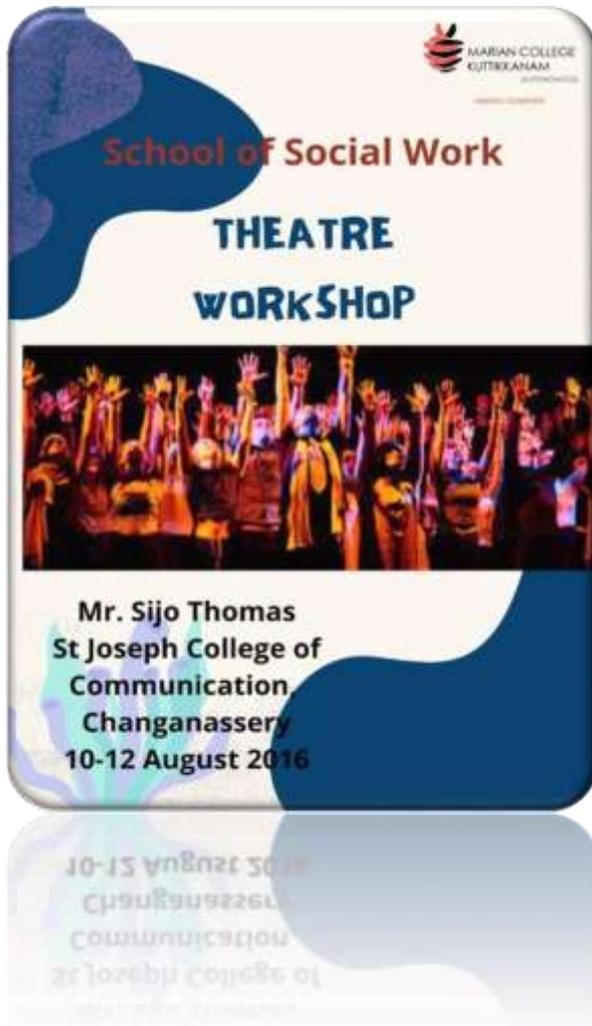
An acting workshop is a meeting of actors or others of one specific trade to learn how to hone their skills and to network with other actors, acting coaches, and casting directors. A three day Theatre workshop was organized for the new batch in the month of August 2016 for three days starting from 10th August. Mr Sijo Thomas from St Joseph College of Communication, Changanasserry was the resource person.

Expected outcome:

Students to get exposure to the art of making and acting.



Brochure & Photos



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-7.pdf>



Activity # 9:

Title of the Programme : Training on News reviews & improving General knowledge.
Name \ of Resource Person : Mr. Abraham Kurian IPS
Period of activity (Date) : 18/12/2016
No of Participants : 25
Associating organization : Magis (Center for Training & Development)Name
of Department : MCOM –PGDM

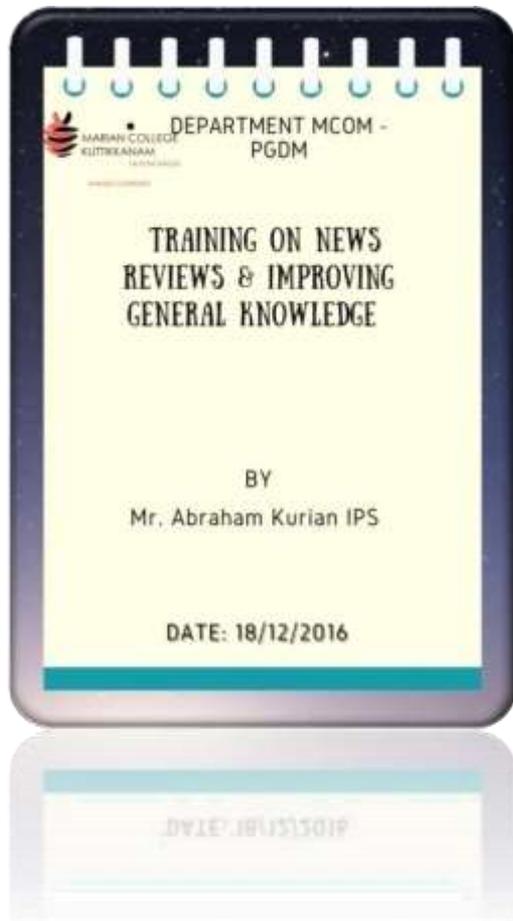
One paragraph report of the program:

The monthly news review under the initiative of Abhraham Kurian I.P.S filled students mind and brain with more of General knowledge and he trained students how they should categorise important news from an unimportant one. It inculcated the habit among students to read newspapers daily and to conduct weekly newspaper review. Expected outcome:

Students to get exposure to the art of making and acting.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-8.pdf>



Activity #10 :

Title of the Programme : Personality Development Training.
Name and address of Resource Person : Mr. Robin
Period of activity (Date) : 27/11/2016
No of Participants : 25
Associating organization : Magis (Center for Training & Development)
Name of Department : MCOM –PGDM One paragraph

report of the program:

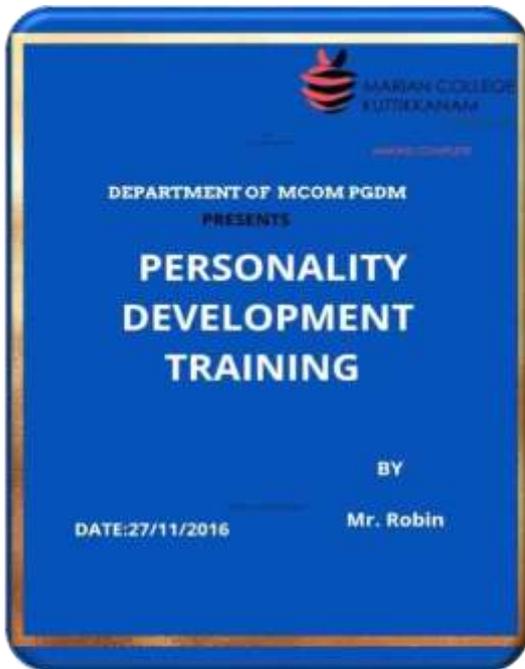
The training program under the initiative of Mr. Robin boosts the students with more energy and to think out of the box. The counseling session by him and his advice on how to strengthen weak points in various areas helped students in overall development and personality development.

Expected outcome:

Increase the self confidence of students.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-9.pdf>



Activity #11:

Title of the Programme : TCI workshop.

Name of Resource Person :Mr. Vijayan

Marketing Executive

Vismaya Amusement Park, Kannur

Period of activity (Date) : November 11- 13, 2016

No of Participants : 30

Associating organization : Magis (Center for Training & Development)

Name of Department : Department of Hospitality & Tourism Management

One paragraph report of the program:

He TCI workshop was conducted by, Mr.Vijayan (marketing executive of Vismayaamusement park, Kannur). The workshop was mainly based on topic “How to become an effective manager”. The TCI programme is more effective because the sir taught about seven concepts and it helps me to improve my leadership quality, positive thinking etc and also it helps how to become an effective manager. Different activities were played in this section and these activities helped us to trust others, leading others, to overcoming the barriers, giving reverences, listen to others etc.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-10.pdf>



Activity #12:

Title of the Programme : PERSONALITY DEVELOPMENT PROGRAM.
Name of Resource Person : Mr. DENNY JOSEPH
Period of activity (Date) : 28/1/2017
No of Participants : 30
Associating organization : Magis (Center for Training & Development)
Name of Department : Department of Hospitality & Tourism Management

One paragraph report of the program:

Mr. Denny Joseph, a renowned writer and personality development trainer from Singapore was invited to the college by our respected Principal for engaging a session for the students of 2nd MMH. The initiative by Fr. Roy seemed really valuable as the session by Denny Joseph turned out to be really useful and meaningful to the students who are about to leave the campus to join various firms.

There were several experiences shared by Mr. Denny Joseph to the students, many of which motivated the students to aim high and focus their target on high levels. The classes were also helpful in giving an introspection to the life of the students.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-11.pdf>



Activity #13:

Title of the Programme : PERSONALITY DEVELOPMENT PROGRAM.

Name and address of Resource Person: Mr. Thomas Abraham

Period of activity (Date) : September 18, 2016

No of Participants : 30

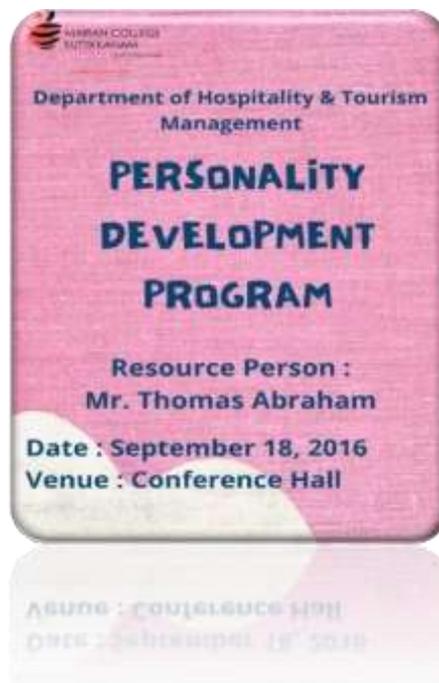
Associating organization : Magis (Center for Training & Development)

Name of Department : Department of Hospitality & Tourism Management

One paragraph report of the program:

A personality development program under the guidance of Mr. Thomas Abraham was conducted for the students of 2nd MMH. The entire program was divided into two sessions and was conducted on two different days. The program proved to be a once in a life time experience for the students. The PD program stood apart due to the diversity in tasks and games it included. Mr. Thomas Abraham sir was very careful in selecting the type of games and activities so that it suited our interests and never were we bored.

Brochure & Photos:





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-12.pdf>



Activity #14:

Title of the Programme : Set Sail (Induction Program).

Name of Resource Person : Principal,
Vice Principal,
PGDepartment heads & Faculty members

Period of activity (Date) : August 04-05, 2016 No of Participants 427

Name of Department : All UG Departments of Marian

One paragraph report of the program:

Two days induction program for the first year UG students Program Schedule as follows –

Day 1

- Ceremonial welcome
- What does it mean to be a marinate (Introducing the vision, mission, rules & regulations?)
- Who is who?
- (Introducing the various clubs, association, departments & practices in Marian) – Club & Association in charges,

Day 2

- Managers address – Rev .Fr. James Kozhimala
- Awareness Program by Exercise Department –Peermedu –C N Sivaprasad (Circle inspector peermedu)
- Relationship for achieving goals – Rev .Fr .Sebastian Karikkakunel
- Ceremonial Ending- Second year & Final year UG students.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-13.pdf>



Activity #15:

Title of the Programme : Outbound training programme

Name and address of Resource Person: Colonel Sam T Samuel,
Kalypso Adventures

Period of activity (Date) : From 26th to 28th January 2017

No of Participants : 25

Name of Department : MMH

One paragraph report of the program:

The students of I MMH were taken to Sooryanelli, Munnar, for an outbound training. The camp was conducted by Kalypso Adventures and lasted for three days. The norm of the camp was to build team spirit through various adventure activities. The camp was a varied experience for the students. Fr. Sebastian accompanied the group

Expected outcome:

To build leadership and team work skills of future managers of hospitality industry from MMH department of Marian College Kuttikkanam



Brochure and Photo



List of Participants:

<http://www.mariancollege.org/iqac/files/reports/SSP/SSP-14.pdf>



2017-18

Activity #16:

Title of the Programme : Training on COMMUNICATION SKILL

Name and address of Resource Person: Mr. Krishna Raj

Period of activity (Date) : June 12th 2017, Monday

No of Participants : 57

Name of Department : PG Department of Computer Applications

Associating organization : Magis (Center for Training & Development)

One paragraph report of the program:

Mr. Krishna raj sir was leading this training program. It was a very interesting and helpful class for us. He was mainly focused about the subject “communication skill”. Many interesting activities were done in that class to develop our communication skill.

In the morning session, He arranged a group with two members. Then each one had a new friend. Then we communicate to each other and we know all about that person. At last, we introduced our friend to the audience. The main goal behind this activity is, we had tried to face the audience and speak something in English. As in the same case, we had to know about our new friends and to interact within a short period of time.

After this session, we got a scenario and we were prepared a script based on that. We were grouped with eight members. Each groups had different topics. Then we performed very well on the stage. It was a very interesting session. Through the session, we could overcome the stage fright. It was a very interesting training program for us.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-15.pdf>



Activity #17:

Title of the Programme : Training on CREATIVITY

Name of Resource Person : Mr. ROBIN MATHEW & Mr. KRISHNARAJ

Period of activity (Date) : June 16-18, 2017

No of Participants :57

Name of Department : PG Department of Computer Applications

Associating organization : Magis (Center for Training & Development)

Oneparagraph report of the program:

Creative studio is a program conducted by Marian MCA for the growth of creativity among the student. It was a 3 day program conducted for first year MCA students. It was coordinated by Mr. Krishna Raj and Mr. Robin Mathew. The program was begin on 16-6- 2017 and conclude on 18-6- 2017.The main focus of this program is to promote ‘SWITCH ON’ program at Marian college Kuttikkanam.

The section on 16-6- 2017 was begin at 9:30 am with a prayer. After prayer our faculty members divided us into 8 different groups. Our senior 2nd year regular MCA batch also join as 9th group in this program.

At last moment all groups were gathered at conference hall and we presented every activities infront of Krishna raj sir, Robin sir, Reny miss and in all other groups. The three day program was a great experiece for each of us and it is a very good learning lesson for all group members.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-16.pdf>



Activity #18:

Title of the Programme : PERSONALITY DEVELOPMENT TRAINING

Name of Resource Person : Mr. Brijesh George John

Period of activity (Date) : 30th June 2017

No of Participants : 57

Name of Department : PG Department of Computer Applications

Associating organization : Magis (Center for Training & Development)

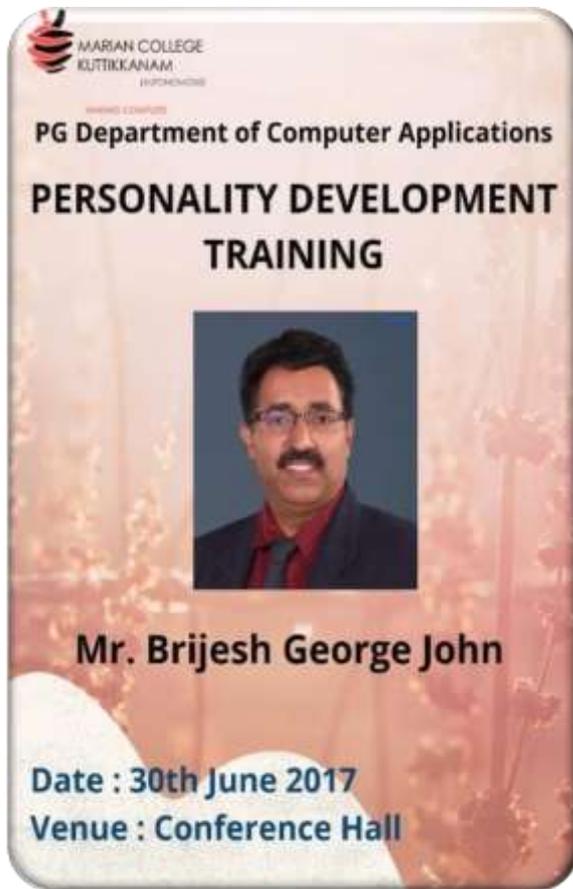
Oneparagraph report of the program:

Mr. Brijesh George John started his class with Dr. A P J Abdul Kalam famous quote,” We are all born with a divine fire in us. Our effort should be give wings to this fire and filed the world with the glow of its goodness.”

His class was based on the theme “We can do it”. Throughout his class he use somany examples and motivated lives to teach us. It was a very interesting and helpful class for us. Many interesting activities were done in his session. Throughthe activities conducted in the morning session he teach us a lot of things about our observation power, listening capacity and importance of instructions etc. The most highlighting thing in his class was to develop a positive attitude in us. The afternoon session was conducted by Dillep sir, he gave certain puzzles to find our logical capacity and also teach us about the trending jobs. Through thatone day class we all realize that we must develop extracurricular activities, skillsand creativity other than the academics.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-17.pdf>



Activity #19:

Title of the Programme	: Public speaking Training
Name of Resource Person	: Mr. Robin
Period of activity (Date)	: 9 & 10 June, 2017
No of Participants	: 57
Name of Department	: PG Department of Computer Applications
Associating organization	: Magis (Center for Training & Development)

One paragraph report of the program:

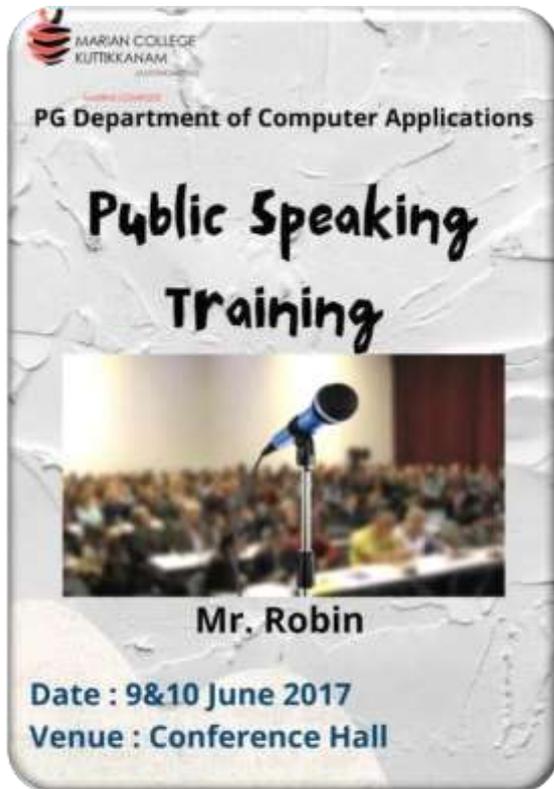
The session was all about “Public Speaking” He introduced new techniques for facing a group of people or a public. He also mentioned about the benefits of public speaking. He introduced some new ideas for communicating in a public.

Some of the ideas he shared with us was subject knowledge, facial expressions, movements, dress code, sound modulation, eye contact, time management etc. He also shared some ideas in A to Z sequence about attending a public speaking session as a listener.

Robin sir divided all of us into small groups of 3 for interacting with others. It made us to know each other within a short period of time span. Those groups then began to wider into 6, 12, and 24 etc... At the end of each group sessions there was an evaluation or rating by Robin sir. Then at last it came to an end, we all walked into the stage individually for public speaking.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-18.pdf>



Activity #20:

Title of the Programme : Personality Development Training

Name of Resource Person : Mr. Siju Thomas Alencherry

Period of activity (Date) : 27th and 28th June 2017

No of Participants : 30

Name of Department : MCOM -PGDM

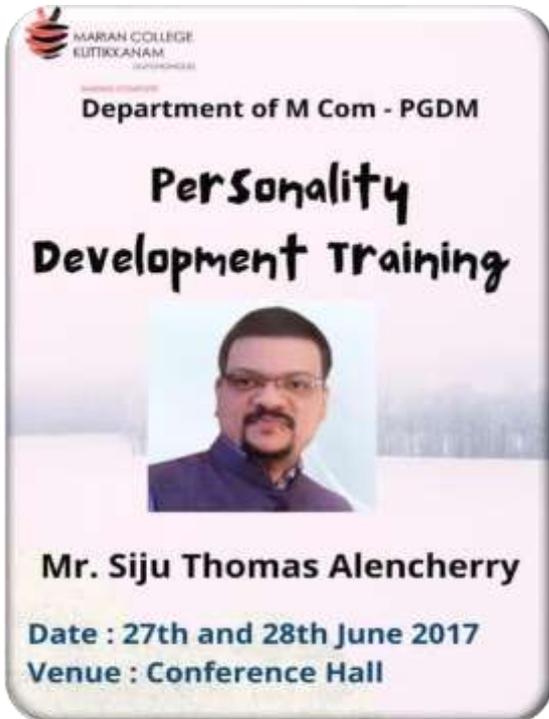
Associating organization : Magis (Center for Training & Development)

Oneparagraph report of the program:

An elegant Induction Programme was conducted on 27th and 28th June 2017 which was led by Mr. Siju Thomas Alencherry (MBA, ATP). It was focused on the topics Self-introduction, Confidence building, Talent exhibition etc.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-19.pdf>



Activity #21:

Title of the Programme : TCI workshop

Name of Resource Person : Mr. Joby Cyriac

Period of activity (Date) : 5/10/2017

No of Participants : 25

Name of Department : Department of Hospitality and Tourism Management

Associating organization: Magis (Center for Training & Development)

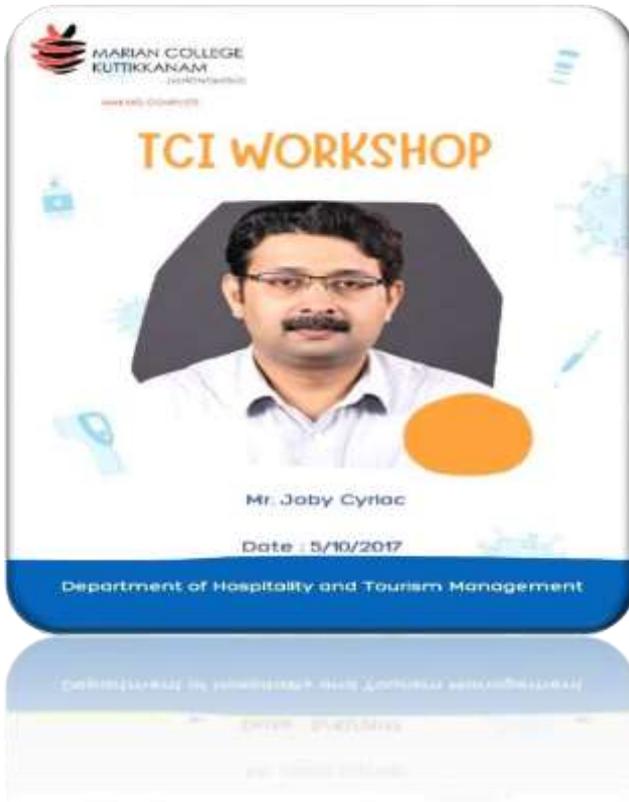
One paragraph report of the program:

The TCI workshop was conducted by Mr. Joby Cyriac (HOD MMH). Workshop was mainly based on topic “How to become an effective manager?”. The TCI programme is more effective because the sir taught about seven concepts and it helps me to improve my leadership quality, positive thinking etc and also it helps how to become an effective manager.

Different activities were played in this section and these activities helped us to trust others, leading others, to overcoming the barriers, giving reverences, listento others etc.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-20.pdf>



Activity #22:

Title of the Programme : Leadership Orientation Program for the Class Representatives
Name of Resource Person : Mr. Justin Thomas
Leadership Trainer & Motivational Speaker
Period of activity (Date) : 10 & 11th August 2017
No of Participants : 13
Name of Department : Marian College Student Council.

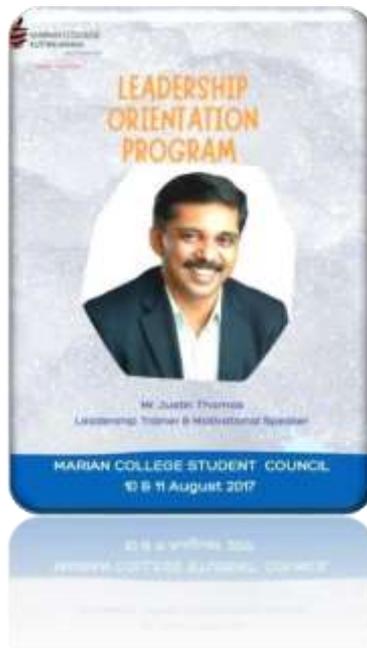
One paragraph report of the program:

Leadership Camp: Leadership camp was conducted on 10th and 11th August. It was a two day camp conducted by Mr. Justin for the class representatives and the union council members elected for the period of 2017-2018. The camp mainly focused on the qualities of a leader should be and also the manner in which the leader should lead the entire group. It was a very effective program for the elected leaders.

Expected outcome:

Leaders should be able to deliver their role effectively by exhibiting leadership qualities.

Brochure & Photos





List of Participants:

https://www.mariancollege.org/iqac/files/criterion/5.1.3/LOP_Leadership_Orientation_Programme.pdf



Activity #23:

Title of the Programme : Outbound Training Programme

Name and address of Resource Person : Mr. Justin Thomas,
Erathel, Edamaruku, Kottayam,
Kerala, -686652,

Period of activity (Date) : 22 – 24 February, 2018

No of Participants : 25

Name of Department : MMH

One paragraph report of the program:

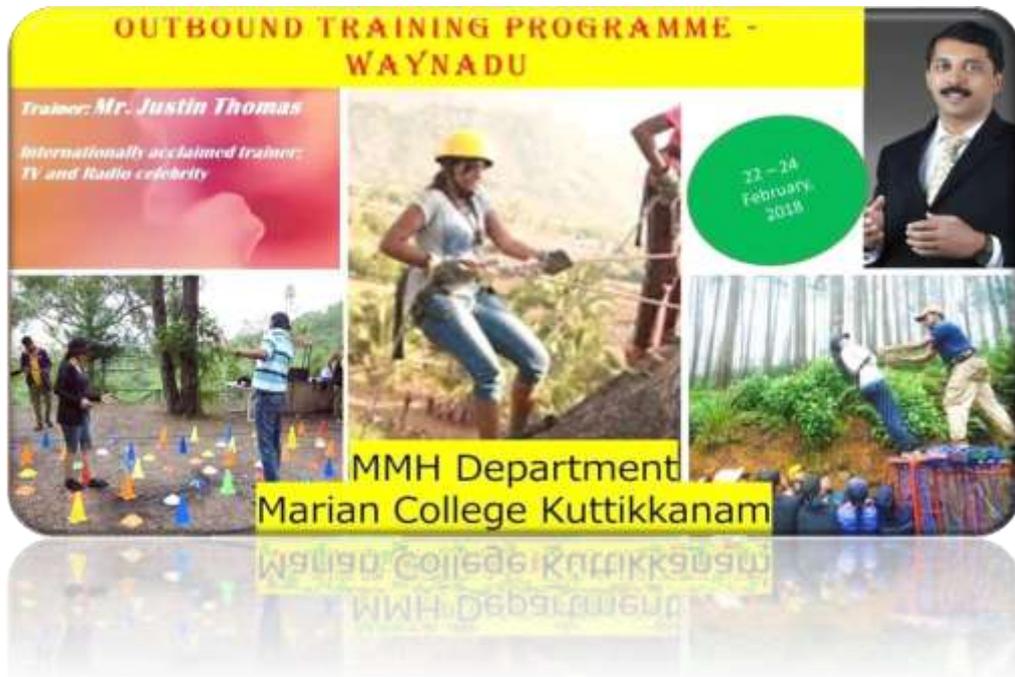
To hone the skills of MMH students as successful management professional in hospitality industry, it was decided to seek professional help. Mr. Justin Thomas, the internationally accredited trainer engaged the students for three days. The training focused on leadership skills development, teamwork, problem solving skills, etc. During the final day, students were taken for a trekking to Edakkal caves.

Expected outcome:

The event was organised with the aim of imparting leadership skills to the students



Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-21.pdf>



Activity #24:

Title of the Programme : Leadership Development Workshop

Name and address of Resource Person: Dr. Thomas Abraham,

Former NSS University Programme Officer,

MG University Kottayam, and Professor in Adult

Education Department.

Period of activity (Date) : 18th & 19th September 2017

No of Participants : 25

Name of Department : MMH

One paragraph report of the program:

A leadership development program under the guidance of Dr. Thomas Abraham was conducted for the students of final year MMH. The entire program was divided into two sessions and was conducted on two different days. The program proved to be a fruitful exercise for the students. The program stood apart due to the diversity in tasks and games it included. Mr. Thomas Abraham sir was very careful in selecting the type of games and activities so that it suited our interests and never were we bored.

Expected outcome:

The event was organised with the aim of imparting leadership skills to the students



Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-22.pdf>



2018-19**Activity #25:**Title of the Programme : **Orientation Program for CSM Representatives**

Name of Resource Person : Fr. Mathew Kaiyaniyil

Period of activity (Date) : 24th July 2018

No of Participants : 65

Name of Department : Catholic Students Movement

Oneparagraph report of the program:

The activities for the academic year 2018-19 were started with the one-day orientation program for CSM class representatives conducted on 24th July 2018. The session was conducted by Rev. Fr. Mathew Kaiyaniyil. It was very helpful in inculcating the leadership qualities in students and very much inspirational. CSM office bearer for the year 2018-2019 was also elected on same day.

Student Executive:

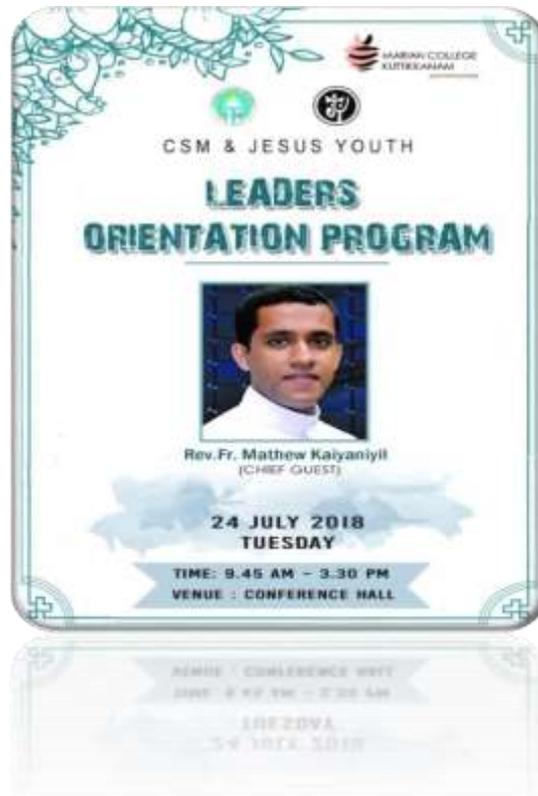
Name	Role
Thomas Joseph	President
Nobit Maria Gilbert	Vice President
Tony Thomas	Secretary
Anitta Thomas	Joint Secretary
Alen Joseph	Treasurer
Jacob Thomas	Councillor
Prabhul Suresh Palackan	Councillor

Expected outcome:

Leaders should be able to deliver their role effectively by exhibiting leadership qualities.



Brochure & Photos



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-23.pdf>



Activity #26:

Title of the Programme : **Two Day Leaders Orientation Camp for the CSM Class Representatives**

Name and address of Resource Person: Dr. Chackochan J Njavellil,

Ms. Jyothi Jose

Marian College Kuttikkanam(Autonomous)

Period of activity (Date) : 3rd August 2018 to 4th August 2018

No of Participants : 47

Name of Department : Catholic Students Movement

One paragraph report of the program:

As a follow up of the leadership orientation programme for the CSM representatives, a two-day camp (3rd August 2018 to 4th August 2018) for the leaders of CSM and JY was held in the college.

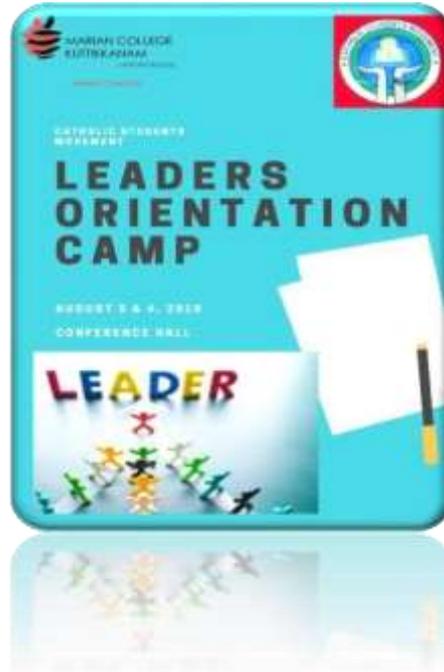
The highlights of the camp were,

1. Panel Discussion on 'Relevance of Youth Initiatives in Campus' 2. Walk and Talk to Pine Forest Kuttikkanam
3. Activity planning for the academic year.

Expected outcome:

Leaders should be able to deliver their role effectively by exhibiting leadership qualities. Plan the activities for the academic year.





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-24.pdf>



Activity #27:

Title of the Programme	: Motivational tour and orientation for WWS Scholars
Name of Resource Person	: Mr. George Thomas, Assistant Professor, Ahalia School of Business. Mr. Sarath , CIO, Ahalia Institutions, Palakkad
Period of activity (Date)	: 2 nd Feb, 2019
No of Participants	: 30
Name of Department	: Walk with a Scholar Program

Oneparagraph report of the program:

The Motivation Visit for the second year WWS students was conducted to Ahaliya group of Institution on 2nd of February 2019. The main aim of our visit was to expose our students to professional environments and enhance the social, personal and emotional development. It was a great learning experience for the students. For the visit there were 26 students from the second year WWS programme along with faculties Ms. Jyothi Jose (Coordinator WWS), and Ms. Melby Joseph (Internal Mentor - WWS).

The Ahalia village is an Integrated eco-friendly campus consisting of Ahalia Foundation Eye Hospital, Ahalia Ayurveda Medical College and Hospital, Ahalia Diabetes Hospital, Ahalia Women and Children's hospital, Ahalia Heritage Village, Ahalia Public School, Ahalia Group of Optometry, Ahalia School of Engineering and Technology, Ahalia School of Management, Ahalia School of Pharmacy and Ahalia School of Paramedical Sciences.

We started our trip by 5.00 AM on 2nd February from our college on college bus and reached there at 12.00 pm. Mr. Arjun C Menon from Ahalia group welcomed us and after refreshment we were taken to the conference hall for a session by Mr. George Thomas, Professor of Ahalia School of Management. The session on career opportunities based on industry awareness was very inspiring and informative for the students. The session made awareness for the students where they stand and what all steps are required for making a successful career.

After lunch we visited the Ahalia Eye hospital and Ahalia Diabetes Hospital. Students were taken to the trauma care and scanning unit. Staff of the hospital explained about various life supporting machineries used on emergency situations and how various patients were saved on critical conditions. Students were exposed to use some of the machineries used for normal health checkups. It was a different experience to visit the emergency



unit of a hospital. We also visited Ahalia Ayurveda Medical College and Hospital and were guided by Dr. Sridevi. Doctor took us to different departments of Ayurveda hospital including the operation theater. Students were explained about the various natural procedures used in Ayurveda including the leech therapy. Visit to Ahalia Radio 90.4 station was an unforgettable experience. RJ Mathai explained how the shows are recorded and aired from an FM station.

We did a campus tour to see various institutions in the campus. Stone Park and Granite Park in the campus showcase the sculptures carved by talented artists all over India. Rain water harvesting inside the campus has won many awards and the entire campus is depending on the 8 rain water lakes inside the campus. Wide variety of vegetables and cereals are cultivated inside the campus. Four Windmills are also erected in the campus that converts the energy of wind into rotational energy. Three wind electric generators (3 x 2.1 MW) which work in IPP mode and another wind electric generator (2.1 MW) in CPP mode are erected at Ahalia Campus, Palakkad.

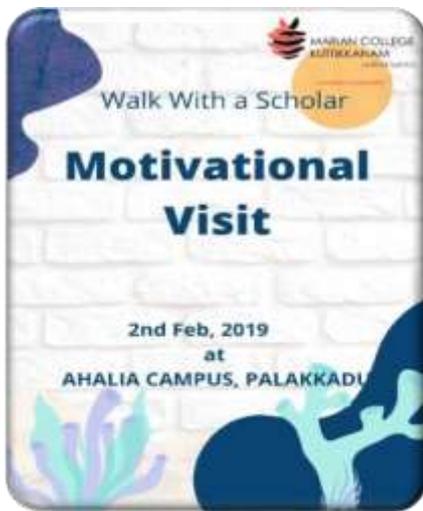
Ahalia heritage village aspires to identify and transfer the ancient indigenous knowledge and technology to the new generation: both tangible and intangible. Ancient musical instruments, painting and sculptures in the museum review and restore the legendary creativity and unique skills of traditional artists and master craftsmen. Visit to heritage village was an unforgettable experience.

Students had an interactive session with Marketing head of Ahaliya Group Mr. Anil Kumar and Chief Operating Officer Sarath M Soman. Mr. Sarath is an Alumna of Marian College and interaction with him was very informative and motivational for students. After delicious dinner we left Ahalia campus around 10 PM and reached Kuttikkanam by 3.30 AM on Feb 3rd.

AHALIA HEALTH HERITAGE AND KNOWLEDGE VILLAGE campus is surrounded by the grandeur of the landscape, being located at the foot of the magnificent Western Ghats with panoramic mountains, breathtaking valleys, endless field of green and scientifically planted herbal gardens.



Brochure & Photos:





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-25.pdf>



Activity #28:

Title of the Programme : LEADERSHIP Training
Name of Resource Person : Mr Justin Thomas
Period of activity (Date) : 15 SEPTEMBER 2018
No of Participants : 38
Name of Department : BA COMMUNICATIVE ENGLISH
Associating organization : Magis (Center for Training & Development)

Oneparagraph report of the program:

Mr Justin Thomas taught about various concepts and it helps the students to improve the leadership quality, positive thinking etc. Different activities were played in this section and these activities helped us to trust others, leading others, to overcoming the barriers, giving reverences, listen to others etc.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-26.pdf>



Activity #29:

Title of the Programme : PERSONALITY DEVELOPMENT TRAINING

Name of Resource Person : Mr KRISHNARAJ S

Period of activity (Date) : 20 SEPTEMBER 2018

No of Participants : 31

Name of Department : BA COMMUNICATIVE ENGLISH

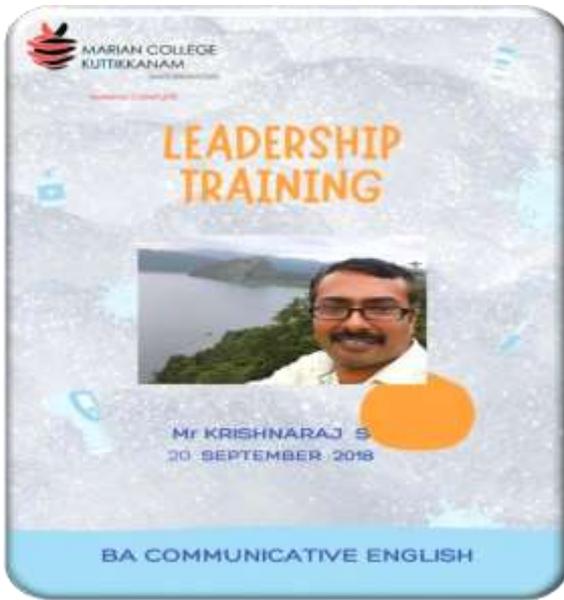
Associating organization: Magis (Center for Training & Development)

Oneparagraph report of the program:

Mr. Krishna raj sir was leading this training program. It was a very interesting and helpful class for us. He was mainly focused about the subject “communication skill”. Many interesting activities were done in that class to develop our communication skill. Through the session, we could overcome the stage fright. It was a very interesting training program for us.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-27.pdf>



Activity #30:

Title of the Programme : Personality Development Training

Name of Resource Person : Mr. Benny Kuriakose

Period of activity (Date) : 20 July 2018

No of Participants : 58

Name of Department : Research and UG Department of Commerce

Associating organization : Magis (Center for Training & Development)

Oneparagraph report of the program:

This session was taken by Mr. Benny Kuriakose, a senior corporate HR consultant and trainer currently working at Synergy HR Solutions, Cochin. The PD was less of theory and more of interactions with the students. The program started with an ice breaking session. Students were divided into groups out of their friend zones. He held many game sessions and motivational speeches along with that. The PD program helped to bring a harmony in the class and students were able to connect with each other more. It also brought an urge in many students to come to the front and speak.

The second day included details regarding higher education and interview preparation. He gave vast information about higher education in and outside India. He also made us aware about etiquettes and basics regarding job interviews. This class was the driving force that made us able to conduct all other activities held this year.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-28.pdf>



Activity #31:

Title of the Programme : PERSONALITY DEVELOPMENT PROGRAMME

Name of Resource Person: Mr. Gee Varghese K Mathew

Period of activity (Date) : 18 and 19 June 2018

No of Participants : 29

Name of Department : Department of Mathematics

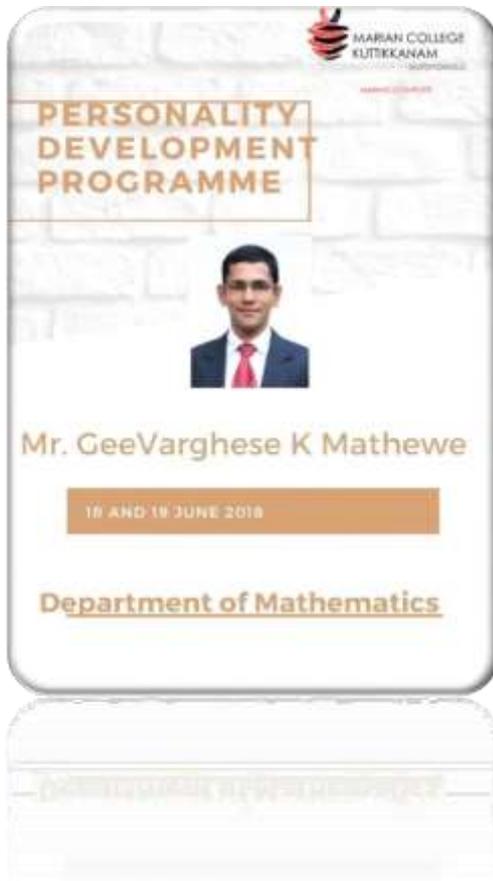
Associating organization : Magis (Center for Training & Development)

Oneparagraph report of the program:

The personality development program was led by Mr. Gee Varghese K Mathew on 18 and 19 June 2018. It offered a sense of refreshment to all the freshmen of Department of Mathematics. He covers how to practise the various skills required to poses a notable personality.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-29.pdf>



Activity #32:

Title of the Programme : Personality Development Training

Name of Resource Person: Mr Justin Thomas

Period of activity (Date): 22 June 2018

No of Participants : 51

Name of Department : PG Department of Computer Applications

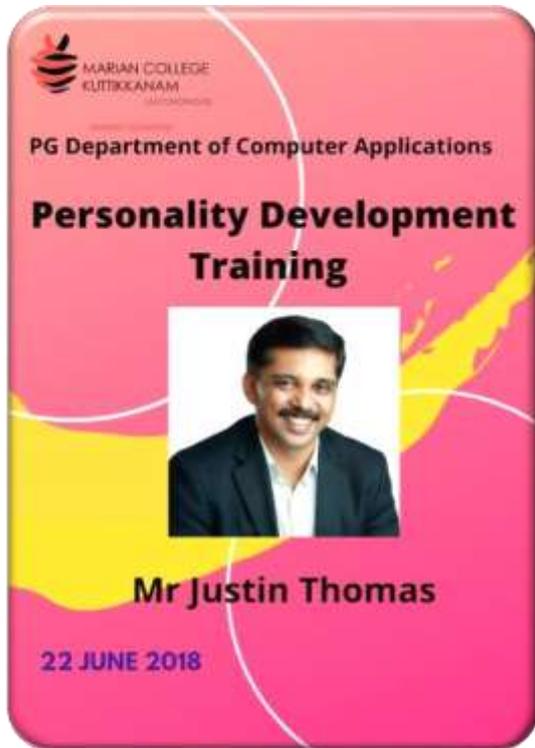
Associating organization: Magis (Center for Training & Development)

Oneparagraph report of the program:

Mr. Justin Thomas, Trainer, Writer, NLP MASTER PRACTITIONER, Counsellor, LifeCoach & Certified Hypnotist took a one-day session on behaviour and aptitude to the students of 2017-19 batch.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-43.pdf>



Activity #33:

Title of the Programme : PUBLIC SPEAKING CLASS

Name of Resource Person : Mr. Robin

Period of activity (Date) : 17/11/2018

No of Participants : 55

Name of Department : Department of MCOM PGDM

Associating organization: Magis (Center for Training & Development)

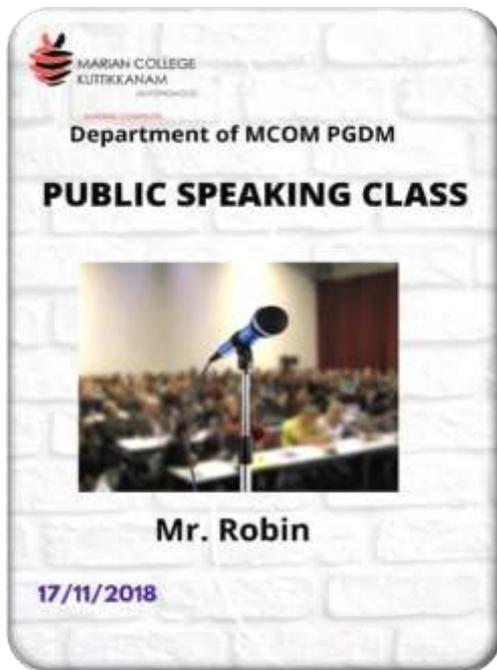
Oneparagraph report of the program:

Public speaking class was held on 17th and 18th November with the support of our MCOM PGDM department. It was a two-day program which helped us to grow our public speaking skill. The class was amazingly led by respected Robin sir who is a school teacher in Pala. As usual the class started at 9.30 am by a prayer song. Our classmate Arun welcomed him. The students of 1stMcom PGDM CMA was really excited to attend the class. The class began with a small speech of Robin sir. He started to give us training through different theoretical classes. Through that we got an idea about the basics of public speaking. He told about the body language, gestures and messages to be delivered.

The main part was it will be recorded in the camera and again it will be played to give us an idea about where we are in the public speaking skills.



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-30.pdf>



Activity #34:

Title of the Programme : Personality Development Training

Name of Resource Person: Mr. SIJU ALENCERRY

Period of activity (Date) : 9th and 10th July 2018

No of Participants : 55

Name of Department : Department of MCOM PGDM

Associating organization: Magis (Center for Training & Development)

Oneparagraph report of the program:

“LIKEABLE LEADERSHIP” was the title of our programme. It had started promptly at 09:40 on 9th July 2018. The programme was conducted by Mr. Siju Alencherry, he is the founder and chief mentor of Wings to Win. He has more than 10 years of experience in mentoring and management consultancy across the globe. We were placed in good hands and reaped the benefits from his Experience.

This was the beginning of our transformation process for the year. It was a memorable experience and a good learning experience for us all. This gave us the potential to take initiatives and focus on our goals.

Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-31.pdf>



Activity #35:

Title of the Programme : Set sail (Induction Program)

Name of Resource Person:Principal,

Vice Principal,

PGDepartment heads & Faculty members

Period of activity (Date) : 5th July 2018

No of Participants : 167

Name of Department : All PG Departments of Marian

Oneparagraph report of the program:

Two days induction program for the first year UG students Program Schedule asfollows –

Day 1

- Ceremonial welcome
- What does it mean to be a marinate (Introducing the vision, mission, rules ®ulations?)
- Who is who?
- (Introducing the various clubs, association, departments & practices inmarian) – Club &Association in charges,

Day 2

- Managers address – Rev .Fr.James Kozhimala
- Awareness Program by Exercise Department –Peermedu –
- Relationship for achieving goals – Rev .Fr .Sebastian Karikkakunel
- Ceremonial Ending- Second year &Final year UG students



Brochure &Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-32.pdf>



Activity #36:

Title of the Programme : Self Confidence and Communications.

Name of Resource Person: Mr. James Xavier

Period of activity (Date) : 15-12-2018

No of Participants 27

Name of Department : Walk with a Scholar

Oneparagraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excel in various disciplines and professions.

This academic year College Council identified Ms. Jyothi Jose, Assistant Professor in Computer Application as the coordinator for this program. Along with the coordinator, College Council selected 5 teachers each as the internal Mentors for the first year and second year students of this academic year.

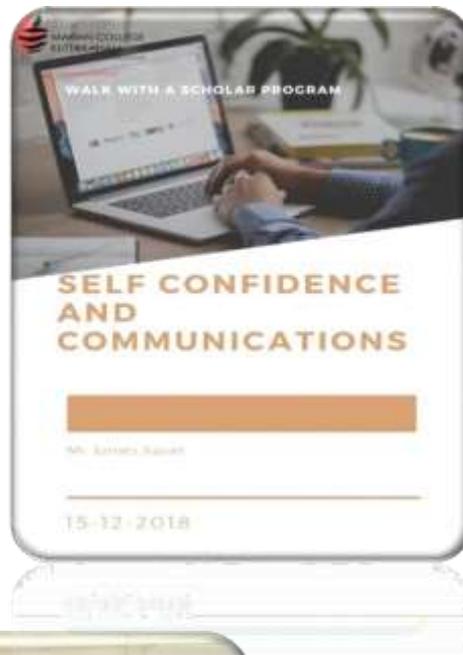
As part of the external mentoring, various sessions were given to first year WWS program on following topics. Mr. James Xavier took a session on Self Confidence and Communications for first year students on Dec 15, 2018. One has to experience in various interpersonal situations of communication and work for it with all efforts availing opportunities and one has to develop and grow self-confidence gradually and steadily. Analysis of interpersonal communication situations reveals that one good interaction everyday adds to his self-confidence as one every work will eat into it and hamper its development.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.



Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-33.pdf>



Activity #37:

Title of the Programme : I Can Do

Name of Resource Person : Dr. Brijesh George John

Chairman - Placement Officers Kerala Consortium

International Trainer, Youtuber, Author and Columnist

Period of activity (Date) : 15-02-2019

No of Participants : 24

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excels in various disciplines and professions.

This academic year College Council identified Ms. Jyothi Jose, Assistant Professor in Computer Application as the coordinator for this program. Along with the coordinator, College Council selected 5 teachers each as the internal Mentors for the first year and second year students of this academic year.

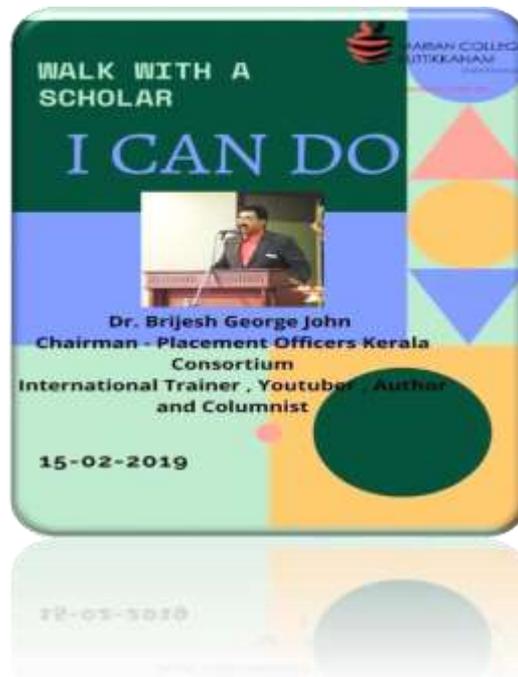
As part of the external mentoring, various sessions were given to first year WWS program on following topics. Dr. Brijesh George John and Mr. Krishnaraj S took a session on the ‘I Can Do’ on Feb 15th 2019 for first year WWS Scholars. Dr. BRIJESH GEORGE JOHN is a noted Academician, International Trainer & Career Expert from Kerala, India. He has a total of 20 Plus years’ experience in Industry and Academia in India and abroad. Presently, he is working as Associate Professor and Head – Corporate Relations at Marian College, Kuttikkanam (Autonomous) and also the chairman of CTIPS KERALA, a consortium of Placement Officers in Kerala.



Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.

Brochure and Photo



List of Participation:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-34.pdf>



Activity #38:

Title of the Programme : Life and Motivation

Name of Resource Person : Dr. C S Menon
Former Director, School of Pure and Applied
Physics, Mahatma Gandhi University

Period of activity (Date) : 25-02-2019

No of Participants : 29

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excels in various disciplines and professions.

This academic year College Council identified Ms. Jyothi Jose, Assistant Professor in Computer Application as the coordinator for this program. Along with the coordinator, College Council selected 5 teachers each as the internal Mentors for the first year and second year students of this academic year.

As part of the external mentoring, various sessions were given to first year WWS program on following topics. Dr. C S Menon took a session on the ‘Life and Motivation on Feb 25th 2019 for first year WWS Scholars. Dr. C S Menon was the Director, School of Pure and Applied Physics, Mahatma Gandhi University. More than a dozen students have been awarded Ph. D. under his supervision and many of them are working around the world in famous institutions. His main areas of research interest are Lattice Dynamics, Organic Semiconductors and Thin Film Technology.

Having moulded in the class rooms and laboratories of pioneers of Indian scientific research,



Dr. Menon's teaching and research skills are unparalleled. His analytical and uncompromising approach when confronted with problems of intriguing nature has influenced my own intellect to a great extent.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.

Broacher and Photo





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-35.pdf>



Activity #39:

Title of the Programme : Life-Language Coach

Name of Resource Person: Mr. Thomas Zachariah

Founder Head & Lead EFL Coach

Period of activity (Date) : 19-01-2019No

of Participants : 24

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excel in various disciplines and professions.

This academic year College Council identified Ms. Jyothi Jose, Assistant Professor in Computer Application as the coordinator for this program. Along with the coordinator, College Council selected 5 teachers each as the internal Mentors for the first year and second year students of this academic year.

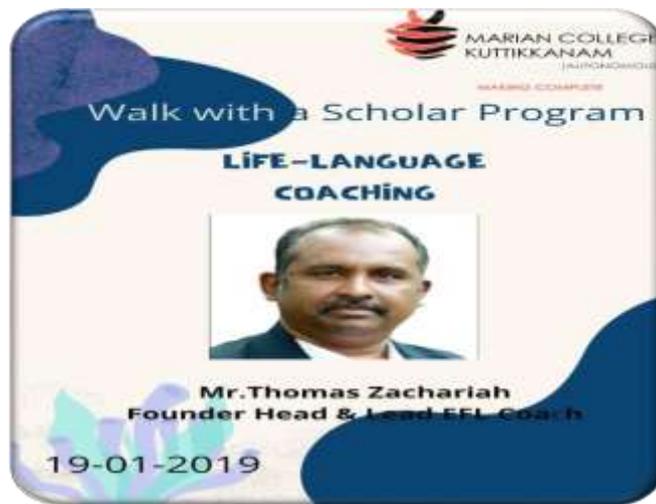
As part of the external mentoring, various sessions were given to first year WWS program on following topics. Mr. Thomas Zachariah took a session on the topic Life-Language Coach Jan 19th 2019 for first year WWS Scholars. Thomas Zachariah is the founder head of the Business Integrated Customized Solution- BICS as well as the lead coach for Life skills and English language.



Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.

Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-36.pdf>



Activity #40:

Title of the Programme : Mind Power and Mental Ability

Name of Resource Person : Mr. Justin Thomas
International Mind Power Trainer

Period of activity (Date) : 27-10-2018

No of Participants : 30

Name of Department : Walk with a Scholar

Oneparagraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, Motivation and mental support to identify appropriate areas for higher study aswell as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who isa faculty from college and External Mentor is a person who excel in various disciplines and professions.

This academic year College Council identified Ms. Jyothi Jose, Assistant Professorin Computer Application as the coordinator for this program. Along with the coordinator, College Council selected 5 teachers each as the internal Mentors for the first year and second year students of this academic year.

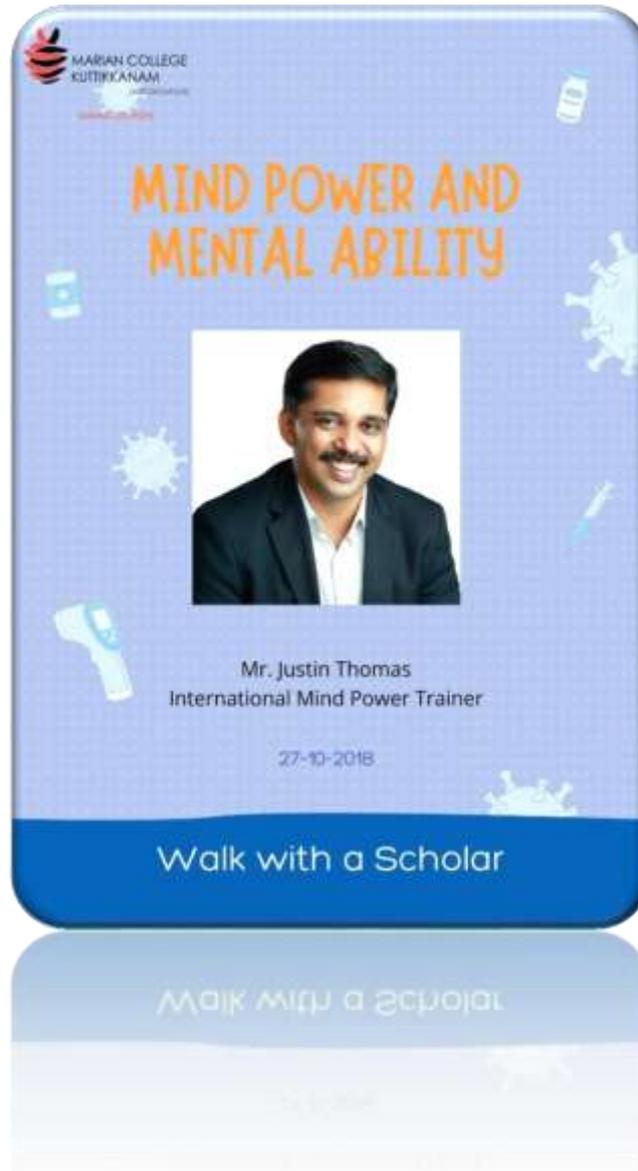
As part of the external mentoring, various session were given to first year WWSprogram on following topics. Mr. Justin Thomas took a session on the topic MindPower and Mental Ability on Oct 27th 2018 for first year WWS Scholars. Mind power is one of the strongest and most useful powers you possess. This power,together with your imagination, can create success or failure, happiness orunhappiness, opportunities or obstacles. Mind power is composed of your attention, your mental images and your thoughts. Mental Ability the power to learn or retain knowledge; in law, the ability to understand the facts andsignificance of your behaviour.



Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.

Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-37.pdf>







Activity #41:

Title of the Programme : The power of Subconscious.

Name of Resource Person: Mr. James Xavier

Period of activity (Date) : 14-02-2019

No of Participants : 26

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excels in various disciplines and professions.

This academic year College Council identified Ms. Jyothi Jose, Assistant Professor in Computer Application as the coordinator for this program. Along with the coordinator, College Council selected 5 teachers each as the internal Mentors for the first year and second year students of this academic year.

As part of the external mentoring, various sessions were given to second year WWS program on following topics. Mr. James Xavier took a session on The power of Subconscious for second year students on Feb 14, 2019. One has to experience in various interpersonal situations of communication and work for it with all efforts availing opportunities and one has to develop and grow self-confidence gradually and steadily. Analysis of interpersonal communication situations reveals that one good interaction everyday adds to his self-confidence as one every work will eat into it and hamper its development.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills



Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-38.pdf>



Activity #42:

Title of the Programme : I Can Do
 Name of Resource Person : Dr. Brijesh George John
 Chairman - Placement Officers Kerala Consortium
 International Trainer, Youtuber, Author and Columnist
 Period of activity (Date) : 19-01-2019
 No of Participants : 27
 Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excel in various disciplines and professions.

This academic year College Council identified Ms. Jyothi Jose, Assistant Professor in Computer Application as the coordinator for this program. Along with the coordinator, College Council selected 5 teachers each as the internal Mentors for the first year and second year students of this academic year.

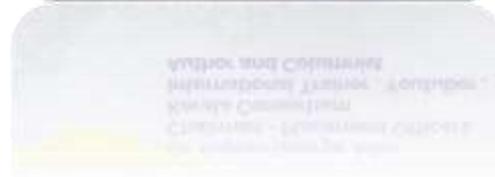
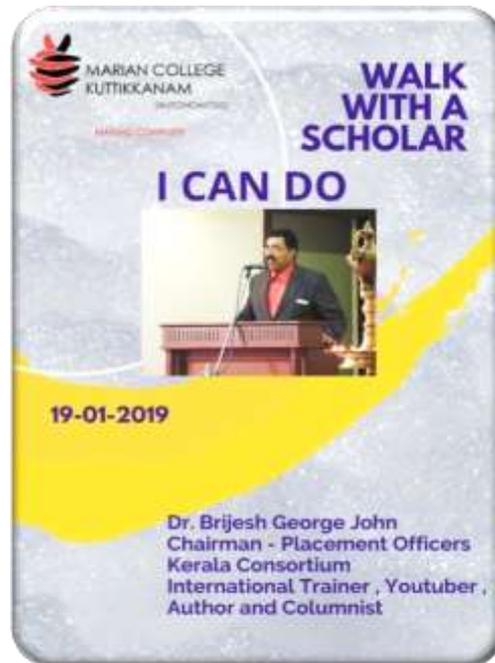
As part of the external mentoring, various sessions were given to first year WWS program on following topics. Dr. Brijesh George John and Mr. Krishnaraj S took a session on the ‘I Can Do’ on Feb 15th 2019 for first year WWS Scholars. Dr. BRIJESH GEORGE JOHN is a noted Academician, International Trainer & Career Expert from Kerala, India. He has a total of 20 Plus years’ experience in Industry and Academia in India and abroad. Presently, he is working as Associate Professor and Head – Corporate Relations at Marian College, Kuttikkanam (Autonomous) and also the chairman of CTIPS KERALA, a consortium of Placement Officers in Kerala.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills



Brochure and Photo



List of Participation:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-39.pdf>



Activity #43:

Title of the Programme: Life and Motivation

Name of Resource Person: Dr. C S Menon

Former Director, School of Pure and Applied Physics,
Mahatma Gandhi University

Period of activity (Date) : 26-02-2019

No of Participants : 28

Name of Department : Walk with a Scholar

Oneparagraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a "Guide and Friend". For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excel in various disciplines and professions.

As part of the external mentoring, various sessions were given to second year WWS program on following topics. Dr. C S Menon took a session on the 'Life and Motivation on Feb 26th 2019 for second year WWS Scholars. Dr. C S Menon was the Director, School of Pure and Applied Physics, Mahatma Gandhi University. More than a dozen students have been awarded Ph. D. under his supervision and many of them are working around the world in famous institutions. His main areas of research interest are Lattice Dynamics, Organic Semiconductors and Thin Film Technology.

Having moulded in the class rooms and laboratories of pioneers of Indian scientific research,

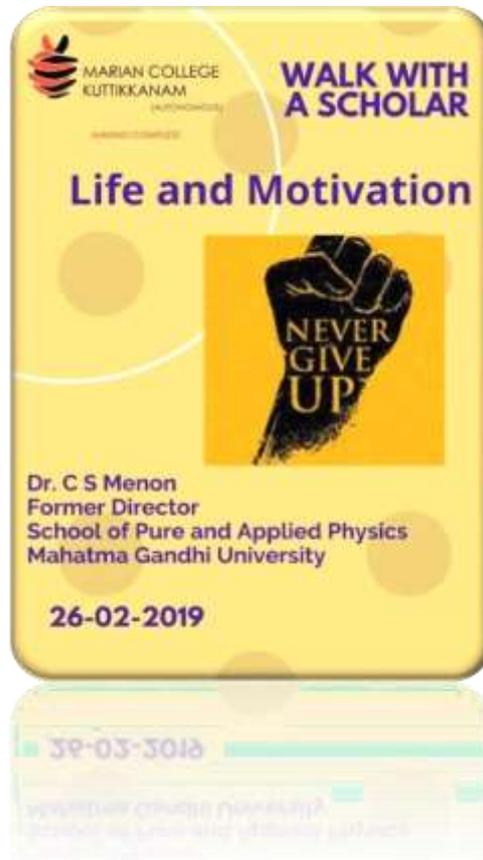
Dr. Menon's teaching and research skills are unparalleled. His analytical and uncompromising approach when confronted with problems of intriguing nature has influenced my own intellect to a great extent.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills



Brochure and Photo





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-40.pdf>



Activity #44:

Title of the Programme : Life-Language Coach

Name of Resource Person: Mr. Thomas Zachariah

Founder Head & Lead EFL Coach

Period of activity (Date) : 15-12-2018

No of Participants : 23

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excels in various disciplines and professions.

This academic year College Council identified Ms. Jyothi Jose, Assistant Professor in Computer Application as the coordinator for this program. Along with the coordinator, College Council selected 5 teachers each as the internal Mentors for the first year and second year students of this academic year.

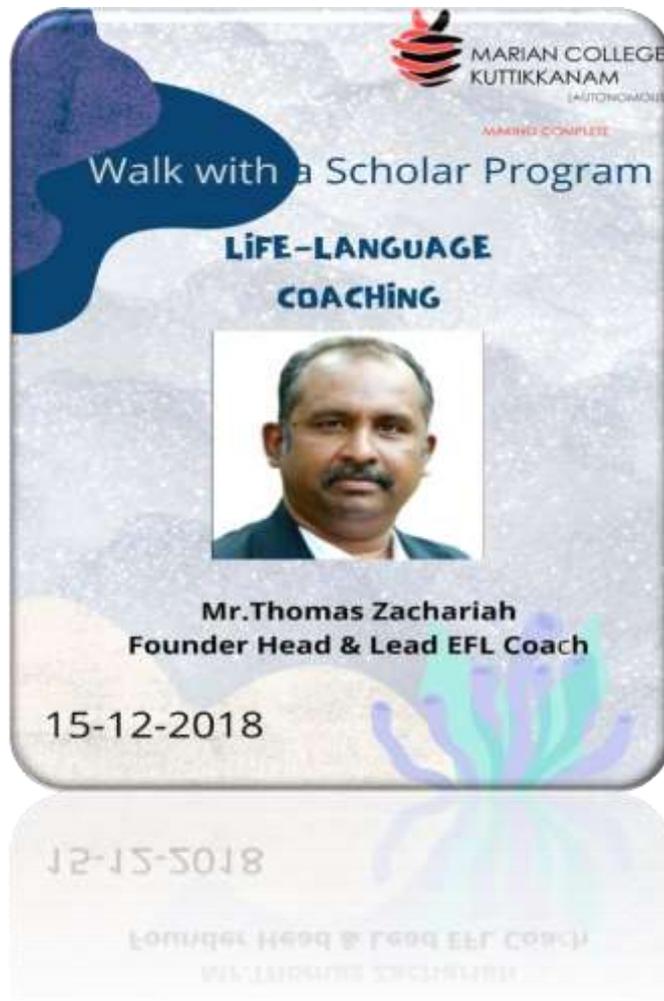
As part of the external mentoring, various sessions were given to second year WWS program on following topics. Mr. Thomas Zachariah took a session on the topic Life-Language Coach Dec 15th 2018 for second year WWS Scholars. Thomas Zachariah is the founder head of the Business Integrated Customized Solution- BICS as well as the lead coach for Life skills and English language.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.



Brochure and Photo





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-41.pdf>



Activity #45:

Title of the Programme : Mind Power and Mental Ability

Name of Resource Person: Mr. Justin Thomas

International MindPower Trainer

Period of activity (Date) : 24-11-2018

No of Participants : 30

Name of Department : Walk with a Scholar

Oneparagraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study aswell as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excel in various disciplines and professions.

This academic year College Council identified Ms. Jyothi Jose, Assistant Professorin Computer Application as the coordinator for this program. Along with the coordinator, College Council selected 5 teachers each as the internal Mentors for the first year and second year students of this academic year.

As part of the external mentoring, various session were given to second year WWS program on following topics. Mr. Justin Thomas took a session on the topicMind Power and Mental Ability on Novemeber 24th for second year WWSscholars. Mind power is one of the strongest and most useful powers you possess. This power, together with your imagination, can create success or failure, happiness or unhappiness, opportunities or obstacles. Mind power is composed of your attention, your mental images and your thoughts. Mental Ability the power to learn or retain knowledge; in law, the ability to understandthe facts and significance of your behaviour.

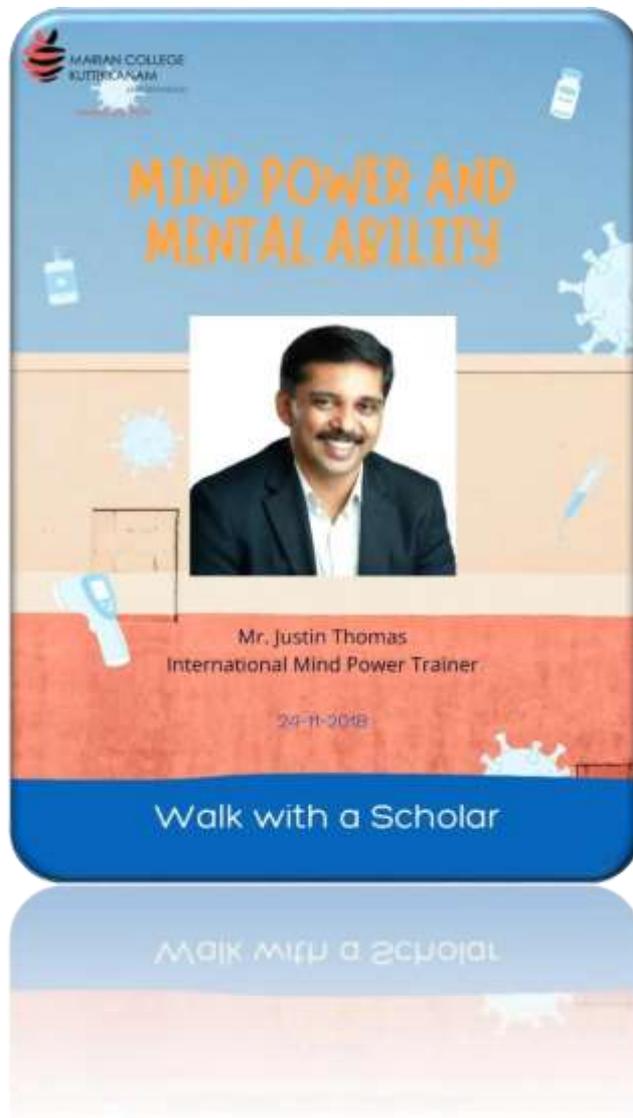
Expected outcome:

Students to excel in their disciplines by showing various academic and leadershipskills.



Brochure and Photo





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-42.pdf>



2019-2020

Activity #46:

Title of the Programme : PERSONALITY DEVELOPMENT PROGRAMME

Name of Resource Person: Mr.Abhilash

Mr.Krishna Raj

Period of activity (Date): 1st and 2nd August 2019

No of Participants : 58

Name of Department : Department of Computer Applications

One paragraph report of the program:

The two-day personality development programme, took place on 1st and 2nd August 2019 the programme aims at equipping the students for success via developing positive personality trails.

The first day, the programme was led by Mr. Abhilash coached students on the importance of developing a positive attitude and building the sense of gratitude.

The Second day, the programme was led by Mr. Krishna Raj sir taught the importance of good communicative skills for success.

Expected outcome:

Leaders should be able to deliver their role effectively by exhibiting leadership qualities.



Brochure and Photo



Day 1:



Day 2:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-44.pdf>



Activity #47:

Title of the Programme : Orientation Program for CSM Representatives

Name of Resource Person: Dr. Chackochen Njavally
Mr. Arun George Joseph

Period of activity (Date): 12th July 2019 From 9.45 AM To 3.30 PM

No of Participants : 65

Name of Department : Catholic Students Movement

Oneparagraph report of the program:

A One-day orientation program for CSM class representatives was conducted on 12th July 2019. Dr. Chackochen Njavally lead the session and arranged many group activities based leadership skill development programs. Sharing sessions by different faculty members were also arranged as part of the program.

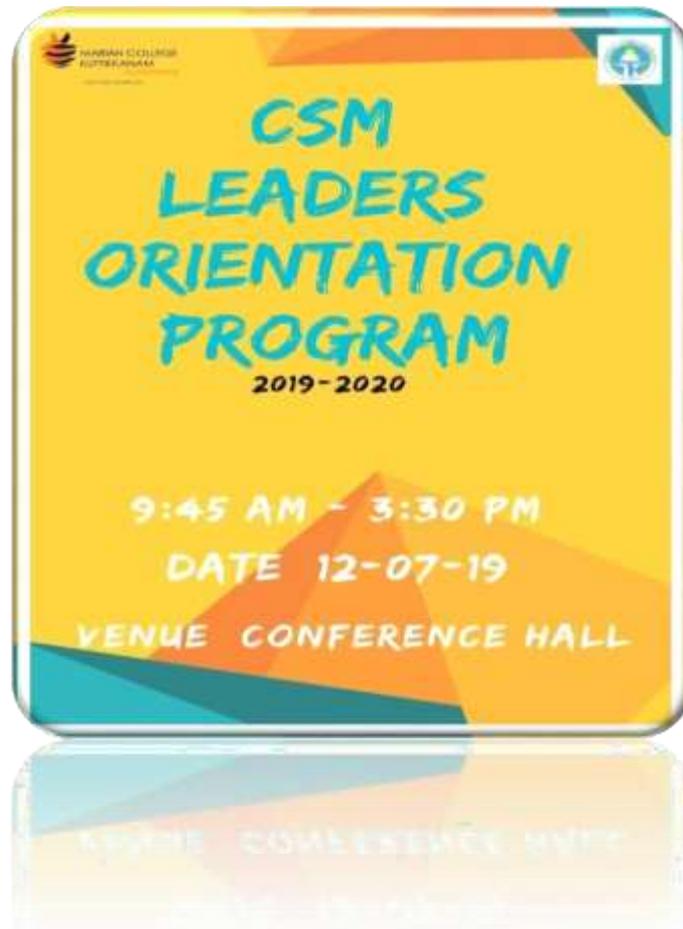
It was very helpful in inculcating the leadership qualities in students and very much inspirational.

Expected outcome:

Leaders should be able to deliver their role effectively by exhibiting leadership qualities.

Brochure and Photo





List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-45.pdf>



Activity #48:

Title of the Programme :Two Day Leaders Orientation Camp for the CSM ClassRepresentatives

Name of Resource Person: Fr. Binny Kaiyani

(Marian College Kuttikkanam (Autonomus)

Dr.JamesChavarapuzha

(Director,NazraniResearch Centre Nallathanny).

Period of activity (Date): 30th& 31st August 2019 from 9.45 AM To 7.30 PM

No of Participants: 35

Name of Department : Catholic Students Movement

One paragraph report of the program:

As a follow up of the orientation programme for the CSM representatives, a two-day camp (30th and 31st August 2019) for the leaders of CSM and JY was held in the college. The camp helps in building a good rapport among the leadership team.

The highlights of the camp were,

1. Sessions taken by Rev. Fr. Binny Kaiyani (Marian College Kuttikkanam(Autonomus) and

Dr. James Chavarapuzha (Director, Nazrani Research Centre Nallathanny). 2.Walk and Talk to Ammachi Kottaram Kuttikkanam

3. Activity planning for the academic year.

Expected outcome:

Leaders should be able to deliver their role effectively by exhibiting leadership qualities. Plan the activities for the academic year.



Boucher and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-46.pdf>



Activity #49:

Title of the Programme: Self Awareness & Goal Setting

Name of Resource Person: Dr. Brijesh George John

Chairman - Placement Officers Kerala Consortium

International Trainer, Youtuber, Author and Columnist

Period of activity (Date) : 07-12-2019

No of Participants: 30

Name of Department: Walk with a Scholar

Oneparagraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excels in various disciplines and professions.

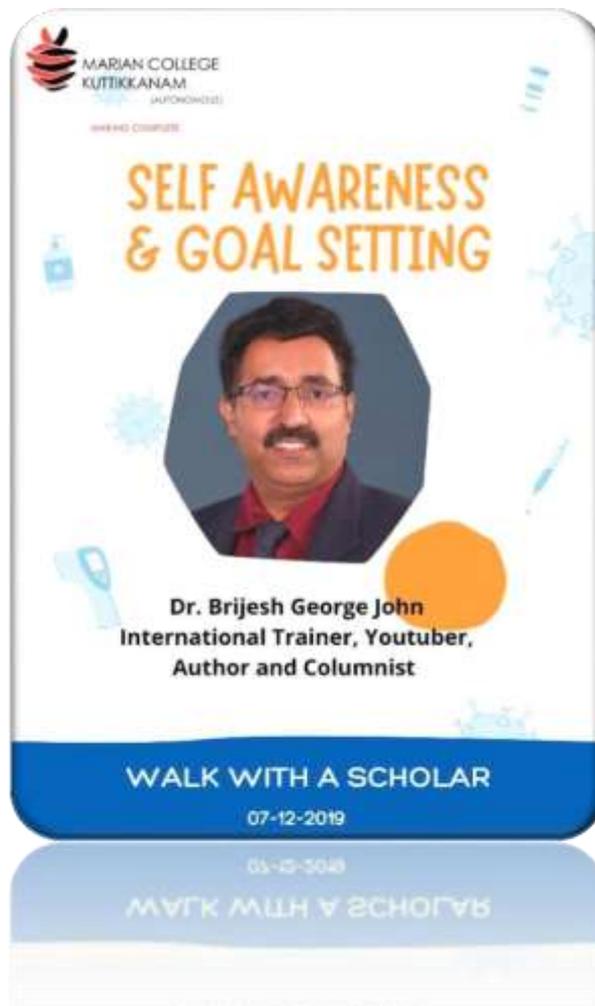
As part of the external mentoring, Dr. Brijesh George John took session on the ‘Self Awareness & Goal Setting’ on Dec 12th 2019 for first year WWS Scholars. Dr. Brijesh also cover the topic - How to read and review an academic book. The session gave scholars an insight on the need for Self awareness and setting of achievable goals in their life. Dr. BRIJESH GEORGE JOHN is a noted Academician, International Trainer & Career Expert from Kerala, India. He has a total of 20 Plusyears’ experience in Industry and Academia in India and abroad. Presently, he is working as Associate Professor and Head – Corporate Relations at Marian College, Kuttikkanam (Autonomous) and also the chairman of CTIPS KERALA, a consortium of Placement Officers in Kerala. His session includes how to improve the presentation skills and how to do a journal review.

Expected outcome:

Students should get an understanding on the Journal review process and set achievable goals in their life.



Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-47.pdf>



Activity #50:

Title of the Programme : Art and Self development

Name of Resource Person: Mr. Krishnaraj Surendran

Chief Executive Officer, Synergy Thoughts

Date : 04-01-2020

No of Participants : 29

Name of Department : Walk with a Scholar

Oneparagraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excel in various disciplines and professions.

Mr. Krishnaraj S took a session on the ‘Art and Self-development on Jan 04th 2019 for second year WWS Scholars. He also took sessions on Developing Scientific Temper and Essential aspects of Research in Contemporary society. Mr. Krishnaraj explained the various ways for Self development through Arts.

Expected outcome:

Students should understand on developing scientific temper and self development.



Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-48.pdf>



Activity #51:

Title of the Programme : Making Action plan to Achieve Goal

Name of Resource Person: Adv. Simi John,

Asst. Professor

Marian College Kuttikkanam(Autonomous)

Date : 18-01-2020

No of Participants : 26

Name of Department : Walk with a Scholar

Oneparagraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study aswell as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who isa faculty from college and External Mentor is a person who excel in various disciplines and professions.

Adv. Simi John S took a session on the topics ‘Making Action plan to Achieve Goal‘ and ‘Understanding the constitution and Democratic Values ‘ on Jan 18th2020for first year WWS Scholars. Session was very helpful for the students to understand the constitution and Democratic values. They have developed an action plan to achieve the goals they have set.

Expected outcome:

Students should be able to set the action plan to achieve goal.



Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-49.pdf>



Activity #52:

Title of the Programme : Skill Development and Innovation.

Name of Resource Person: Mr. Stebin K Sebastian

Peermedu Development Society

Date : 01-02-2020

No of Participants : 28

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excel in various disciplines and professions.

Mr. Stebin K Sebastian took a session on the topic Skill Development and Innovation on Feb 01th 2020 for first year WWS Scholars. It was an interactive session discussing the idea on Innovations which can lead to the skill development.

Expected outcome:

Students should get insights on Skill Development through Innovations.



Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-50.pdf>



Activity #53:

Title of the Programme : Presentation Skills & Journal Review

Name of Resource Person: Dr. Brijesh George John

Chairman - Placement Officers Kerala Consortium

International Trainer, YouTube, Author and Columnist

Period of activity (Date) : 04-01-2020

No of Participants : 30

Name of Department : Walk with a Scholar

Oneparagraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excel in various disciplines and professions.

As part of the external mentoring, Dr. Brijesh George John took session on the ‘Presentation skills & Journal Review’ on Jan 04th 2020 for second year WWS Scholars. Dr. BRIJESH GEORGE JOHN is a noted Academician, International Trainer & Career Expert from Kerala, India. He has a total of 20 Plus years’ experience in Industry and Academia in India and abroad. Presently, he is working as Associate Professor and Head – Corporate Relations at Marian College, Kuttikkanam (Autonomous) and also the chairman of CTIPS KERALA, a consortium of Placement Officers in Kerala. His session includes how to improve the presentation skills and how to do a journal review.

Expected outcome:

Students should get an understanding on the Journal review process and how to create effective presentations.



Brochure and Photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-51.pdf>



Activity #54:

Title of the Programme : Learn Soft Skill

Name of Resource Person: Mr. Krishnaraj Surendran

Chief Executive Officer Synergy

Thoughts

Date : 14-12-2019

No of Participants : 26

Name of Department : Walk with a Scholar

One paragraph report of the program:

Walk with a Scholar scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation and mental support to identify appropriate areas for higher study as well as future employment. The scheme introduces the idea of mentoring and builds on the concept of mentor as a "Guide and Friend". For the purpose of mentoring, two categories of mentors are identified. An Internal mentor who is a faculty from college and External Mentor is a person who excels in various disciplines and professions.

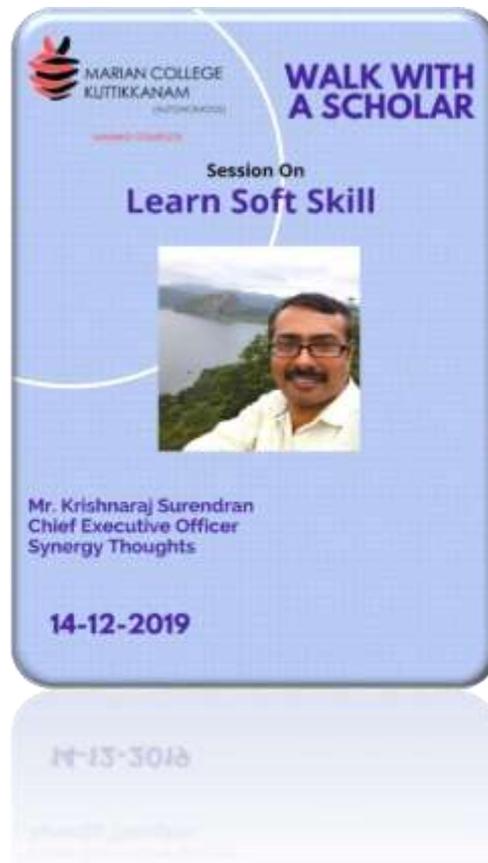
Mr. Krishnaraj S took a session on the 'Learn Soft Skill' on Dec 12th 2019 for second year WWS Scholars. He also took sessions on Gender Sensitization and Environment Sensitization. Mr. Krishnaraj explained the need for developing the various soft skills like Clear communication, Listening Skills, Self-control, positive attitude, Taking responsibility etc.

Expected outcome:

Students to excel in their disciplines by showing various academic and leadership skills.



Brochure and photo



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-52.pdf>



Activity #55:

Title of the Programme : PERSONALITY DEVELOPMENT PROGRAM

Name of Resource Person: Mr. Prince Varghese

Period of activity (Date) : 2nd and 3rd September 2019

No of Participants : 55

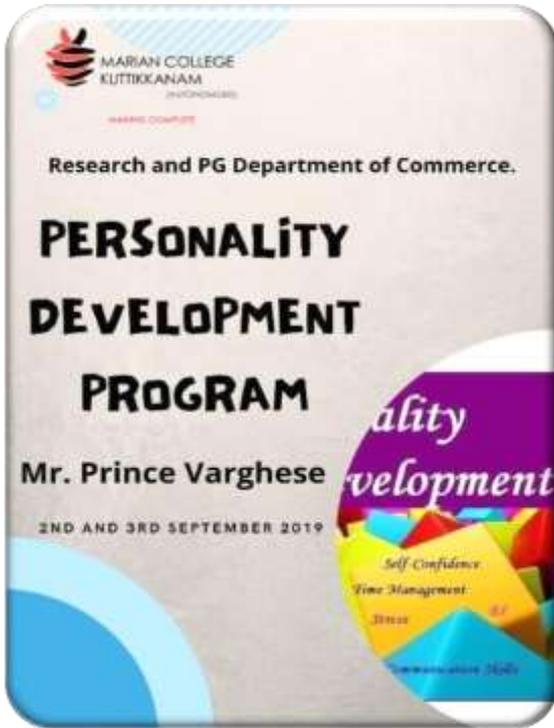
Name of Department : Research and PG Department of Commerce.

One paragraph report of the program:

The class was undertaken by Mr Prince Varghese. He is the owner and founder of Mind It Mind Solutions. He has got nine years of experience being a trainer and a motivational speaker. He has won many awards for the service he has contributed. He is a State Level Award winner for being the Best Trainer. The sessions conducted by him were not like the usual PD programs where the trainer addresses the whole the group regarding their appearance, attitude, personality etc. He helped the students to assess their inner selves, helping the students to know about their own strengths and weaknesses. He involved activities in the sessions through which every student could get an equal involvement in the activity. The meditation and breathing techniques taught by him are those which are practical and applicable in our daily lives. He also invoked a thought of societal belongingness in us through taking our minds to the flood affected areas of Kerala. From a quote he spoke to the lessons he taught, all of it has left a positive impact on us.



Brochure & Photos:



List of Participation:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-53.pdf>



Activity #56:

Title of the Programme : Set sail (Induction Program)

Name of Resource Person: Principal, Vice Principal,
UG Department heads & Faculty members

Period of activity (Date) : July 12-13, 2019

No of Participants : 424

Name of Department : All UG Departments

One paragraph report of the program:

Two days induction program for the first year UG students Program Schedule as follows –

Day 1

- Ceremonial welcome
- What does it mean to be a marinate (Introducing the vision, mission, rules & regulations?)
- Who is who?
- (Introducing the various clubs, association, departments & practices in marian) – Club & Association in charges,

Day 2

- Managers address – Rev .fr.James Kozhimala
 - Awareness Program by Exercise Department –Peermedu –
 - Relationship for achieving goals – Rev .Fr .Sebastian karikkakunel
- Ceremonial Ending- Second year & Final year UG students



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-54.pdf>



Activity #57:

Title of the Programme : Set sail (Induction Program)
Name of Resource Person:Principal, Vice Principal,
UGDepartment heads & Faculty members
Period of activity (Date) : July 19-20, 2019
No of Participants : 134
Name of Department : All PG Departments

Oneparagraph report of the program:

Two days induction program for the first year PG students Program Schedule asfollows –

Day 1

- Ceremonial welcome
- What does it mean to be a marinate (Introducing the vision, mission, rules ®ulations?)
- Who is who?
- (Introducing the various clubs, association, departments & practices inmarian) – Club &Association in charges,

Day 2

- Managers address – Rev .Fr.James Kozhimala
- Awareness Program by Exercise Department –Peermedu –C N Sivaprasad (Circle inspector Peermedu)
- Relationship for achieving goals – Rev .Fr .Sebastian Karikkakunel
- Ceremonial Ending- Second year &Final year UG students



Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-55.pdf>



2020-21

Activity #58:

Title of the Programme : YouTube classes

Name of Resource Person :Dr. K V Thomas

Period of activity (Date) : Month of July, 2020.

No of Participants : 54

Name of Department : Department of M.Com PGDM

Oneparagraph report of the program:

Dr. K V Thomas, Head of Department of M.Com PGDM had created a You Tube Channel in the month of July and uploaded the classes for Income Tax and to crack Aptitude Test. The initiative put forward by the Dr. K V Thomas had helped the students who face the network issues to attend the class anytime and any number of times. Apart from the academic view, he also uploaded the video Time and Work to help students to crack the Aptitude test for those who are aiming to break the competitive exams.

Brochure & Photos:



List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-56.pdf>



Activity #59:

Title of the Programme: Event Management Webinar Series

for MMH IV semester 2019-21 batch

Name of Resource Person: Mr RamaChandra Rao, Impresario Events.

Mr. PiyushPratap, Sunburn Music Festival

Mr Raju Kannampuzha, Executive Events

Amitha Jose, Events Executive, Crown plaza, Cochin

Period of activity (Date): January - March 2021 No of

Participants : 25

Name of Department : Dept. of Hospitality and Tourism Management

One paragraph report of the program:

A series of webinars on Event Management was conducted during the final semester for MMH 2018-20 batch. Various resource persons from the Events industry interacted with the students on the different aspects of managing events. – Conceptualisation, planning, execution, budget concerns, creative ideation and review processes involved in managing an event were discussed in detail. The students interacted with the resource persons with insightful questions and comments.

Expected outcome:

Gain industry knowledge based on experience shared by experts regarding how events are conceptualised, managed and evaluated.



Brochure & Photos:

INSIGHTS FROM THE INDUSTRY

Mr. RAMACHANDRA MENON P
Co-Founder of IMPRESARIO EVENTS

Join us
on Wednesday,
February 17th, 2021
from 9:30 AM on Google Meet

**Department of Hospitality and Tourism
Marian College Kuttikkanam (Autonomous)**

JOIN THE WEBINAR ON
INDUSTRIAL INSIGHTS FROM INDUSTRY
PLANNING AND EXECUTION OF AN EVENT

25th February 2021
12 PM
On Skype

GUEST SPEAKER
Mr. Piyush Jagtap
Winologist, W Dubai, The Palm, & Project
Planner of Sochera Music Festival 2018

WEBINAR SCHEDULE
INTRODUCTION OF THE GUEST SPEAKER | PRESENTATION BY THE GUEST SPEAKER | INTERACTIVE Q/A SESSION

**DEPARTMENT OF HOSPITALITY AND TOURISM
MARIAN COLLEGE KUTTIKKANAM (AUTONOMOUS)**

WEBINAR ON
EVENT MANAGEMENT

RAJU KANNAMPUZH
MANAGER EXECUTIVE EVENTS

**DEPARTMENT OF HOSPITALITY & TOURISM MANAGEMENT
MARIAN COLLEGE, KUTTIKKANAM (AUTONOMOUS)**

TOPIC: EVENT MANAGEMENT

Amitha Jose
Events Executive, Crown Plaza
Dubai

Date: 16-02-2021
Time: 3 Pm
Mode: Google Meet

**Department of Hospitality and Tourism,
Marian College Kuttikkanam**

List of Participants:

<https://www.mariancollege.org/iqac/files/reports/SSP/SSP-57.pdf>

